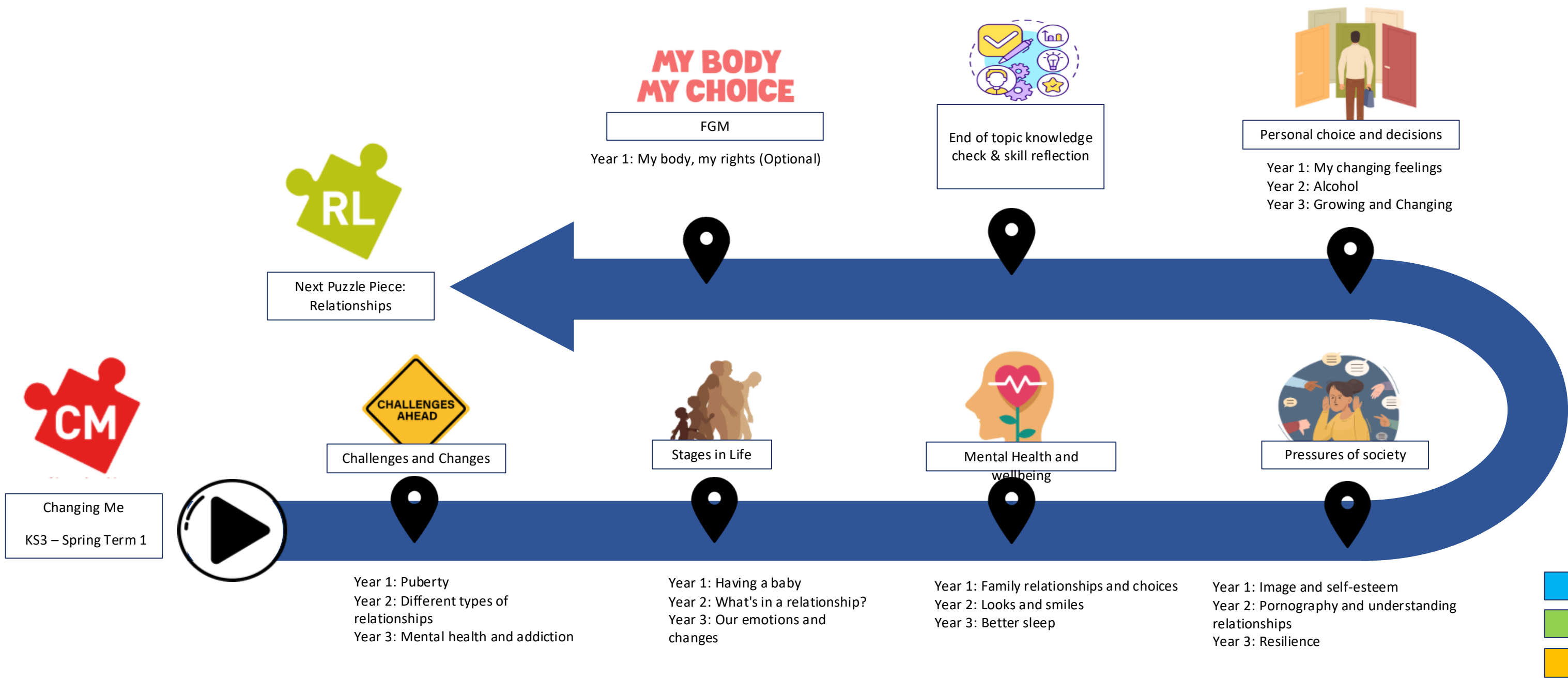


ARC SCHOOL ANSLEY

Learning Journey – KS3 PSHE – Year 1, Year 2 and Year 3

Spring Term 1



Next Puzzle Piece:
Relationships

MY BODY MY CHOICE

FGM
Year 1: My body, my rights (Optional)



End of topic knowledge
check & skill reflection



Personal choice and decisions
Year 1: My changing feelings
Year 2: Alcohol
Year 3: Growing and Changing



Changing Me
KS3 – Spring Term 1



Challenges and Changes



Stages in Life



Mental Health and
wellbeing



Pressures of society

Year 1: Puberty
Year 2: Different types of
relationships
Year 3: Mental health and addiction

Year 1: Having a baby
Year 2: What's in a relationship?
Year 3: Our emotions and
changes

Year 1: Family relationships and choices
Year 2: Looks and smiles
Year 3: Better sleep

Year 1: Image and self-esteem
Year 2: Pornography and understanding
relationships
Year 3: Resilience

- Secure
- Developing
- Emerging

ARC SCHOOL ANSLEY

Learning Journey – KS4 PSHE – Year 1 and Year 2

Spring Term 1

