Arc School Ansley

KS3 Life Skills Learning Journey

Spring 1: Healthy Living - Personal Hygiene

Spring Term 1:

Healthy Living - Personal Hygiene

Week 1 - Onsite
Introduction to Hygiene & Sensory Awareness

Week 2 - Onsite
Showering & Bathing Products

Week 3 - Onsite
Hand Washing, Germs & Food Hygiene

Week 4 - Onsite
Deodorant & Body Odour

Week 5 - Offsite
Product Exploration Trip

Week 6 - Onsite
Create a Healthy Living Guide

Links to the curriculum:
Personal Development, Art, Food Tech, PSHE,