

Week

DAY	BREAKFAST		MAIN MEAL	VEGETARIAN	DESSERT
MONDAY			CHICKEN PIE NEW POTATOES PEAS AND SWEETCORN	VEGETARIAN PIE	
TUESDAY			STIR FRIED HONEY SESAME BEEF NOODLES BROCCOLI AND CARROTS	MACARONI CHEESE	
WEDNESDAY			SWEDISH STYLE MEATBALLS SEASONAL VEGETABLES	VEGETARIAN MEATBALLS WITH PASTA	
THURSDAY			KATSU CHICKEN CURRY BOILED RICE ASSORTED PICKLES	KATSU VEGETABLE CURRY	
FRIDAY	BACON OR SAUSAGE ROLLS		JUMBO FISH FINGER CHIPPY CHIPS MUSHY PEAS BAKED BEANS	BEAN BURGER IN A BUN	

Week

DAY	BREAKFAST	STARTER	MAIN MEAL	VEGETARIAN	DESSERT
MONDAY			CHILLI BEEF BURRITO SALAD/SALSA	VEGETABLE BURRITO	
TUESDAY			PEPPERONI PIZZA WEDGES AND DIPS	ROASTED VEGETABLE PIZZA	
WEDNESDAY			JERK CHICKEN JOLLOF RICE	VEGETARIAN KIEV	
THURSDAY			BEEF LASAGNE MIXED SALAD GARLIC BREAD	QUORN AND BROCCOLI LASAGNE	
FRIDAY	BACON OR SAUSAGE ROLLS		BREADED HADDOCK CHIPPY CHIPS MUSHY PEAS BAKED BEANS	VEGGIE SPRING ROLLS WITH CHILLI NOODLES	

Week

DAY	BREAKFAST	STARTER	MAIN MEAL	VEGETARIAN	DESSERT
MONDAY			HONEY AND MUSTARD SAUSAGE TRAYBAKE NEW POTATOES AND ROAST VEGETABLES	VEGETARIAN SAUSAGE TRAYBAKE	
TUESDAY			STEAK AND VEGETABLE PIE CARROTS SWEETCORN ROAST POTATOES	QUORN AND VEGETABLE PIE	
WEDNESDAY			HOMEMADE SAUSAGE ROLL MASHED POTATOES SEASONAL VEGETABLES	CHEESE AND POTATO BAKE SEASONAL VEGETABLES	
THURSDAY			CHICKEN FAJITA MEXICAN RICE	VEGETARIAN FAJITA	
FRIDAY	BACON OR SAUSAGE ROLL		BATTERED COD CHIPPY CHIPS GARDEN PEAS	QUORN DIPPERS CHIPPY CHIPS BAKED BEANS	

Week

DAY	BREAKFAST	STARTER	MAIN MEAL	VEGETARIAN	DESSERT
MONDAY			PORK BOLOGNESE AND CHEESE QUESADILLAS	VEGETARIAN CHEESE QUESADILLAS	
TUESDAY			CHICKEN CASSEROLE CROQUETTE POTATOES SWEETCORN	QUORN AND VEGETABLE CASSEROLE	
WEDNESDAY			ROAST TURKEY ROAST POTATOES SEASONAL VEGETABLES	MIXED BEAN AND VEGETABLE STEW	
THURSDAY			BRUNCH SAUSAGE/OMELETTE/HASH BROWN BAKED BEANS	VEGETARIAN BRUNCH VEGGIE PATTIE/OMELETTE/HASH BROWN/BAKED BEANS	
FRIDAY	BACON OR SAUSAGE ROLLS		CRISPY BATTERED FILLET OF FISH CHIPPY CHIPS MUSHY PEAS BAKED BEANS	SPICY QUORN AND VEGETABLE WRAP	

Week

DAY	BREAKFAST	STARTER	MAIN MEAL	VEGETARIAN	DESSERT
MONDAY			CHILLI CON CARNE RICE AND TORTILLA CHIPS	THREE BEAN CHILLI RICE AND TORTILLA CHIPS	
TUESDAY			PORK AND CHEESY MASH PIE GREEN BEANS AND SWEETCORN	CREAMY RIGATONI WITH GARLICKY GREENS	
WEDNESDAY			QUICHE LORRAINE ROAST POTATOES SEASONAL VEGETABLES	CHEESE AND CHERRY TOMATO QUICHE	
THURSDAY			CHICKEN KEBAB, PITTA BREAD WITH SALAD SPICY POTATOES	VEGETARIAN KEBAB, PITTA BREAD WITH SALAD SPICY POTATOES	
FRIDAY	SAUSAGE OR BACON ROLLS		BATTERED COD FILLET CHIPS MUSHY PEAS	BATTERED QUORN SAUSAGE BAKED BEANS	

Week

DAY	BREAKFAST	STARTER	MAIN MEAL	VEGETARIAN	DESSERT
MONDAY			CHICKEN TIKKA MASALA AND RICE	SWEET POTATO DAL WITH RICE	
TUESDAY			SOUTHERN FRIED CHICKEN SPICY WEDGES BBQ BAKED BEANS	SOTHERN FRIED QUORN SPICY WEDGES BAKED BEANS	
WEDNESDAY			ROAST GAMMON ROAST POTATOES SEASONAL VEGETABLES GRAVY	CHEESE AND ONION PASTY ROAST POTATOES SEASONAL VEGETABLES	
THURSDAY			THAI STYLE PORK WITH RICE AND PRAWN CRACKERS	CHEESE AND TOMATO PASTA BAKE GARLIC BREAD	
FRIDAY	BACON OR SAUSAGE ROLLS		CHEESE BURGER IN A BUN CHIPS SALAD AND COLESLAW	SPICY BEAN BURGER CHIPPY CHIPS BAKED BEANS	

