

Meat	Vegetables	Carbohydrate	Pudding
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Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Balti	Bolognaise	Sausage	Meat Pie	Fish Fingers
Omelette	Quorn Nuggets	Quorn Sausage	Mac and Cheese	Pizza
Rice/Wedges/veg	rice/ Veg	Mash/veg	Wedge's/ Veg	Chips/ Veg
Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
mousse or yoghurt	Muffin's or yoghurt	jelly or yoghurt	Biscuit or yoghurt	Ice cream or yoghurt

Daily:- Plated Salad, Sandwiches and soup



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Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs	Chicken Burger	Chicken dinner	BBQ Chicken	Fish Fillet
Pasta Bake	Veg Burger	Quorn Fillet	Sweet and Sour	Ravioli
Pasta/ Veg	Chips/ Veg	Mash/ Veg	Rice/ Veg	Chips/ Veg
Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Biscuit or yoghurt	Beetroot cake or yoghurt	Flapjack or yoghurt	School cake or yoghurt	Ice cream or yoghurt



Daily:- Plated Salad, Sandwiches and soup

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Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Brunch	Cheese Pie	Chicken Dinner	Pizza	Fish Cake
Brunch	Pasta	Quorn Fillet	Vegan Sausage Roll	Cheese Whirl
Hash Brown/ Veg	Chips/ Veg	Mash/Roast and Veg	Wedges/ Veg	Chips/ Veg
Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Muffins or yoghurt	Chocolate Biscuit or yoghurt	Cheese cake or yoghurt	muffins or yoghurt	Ice cream or yoghurt



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