SWS - Autumn Term Lunch Menu 2026

Week 1	Hot Meal	Vegetarian	Vegetables	Desserts
Monday	Sausage orzo bake with garlic bread	Vegetarian sausage roll	Seasonal Vegetables	Watermelon and pineapple slices
Tuesday	Spaghetti Bolognaise	Tomato and lentil meatballs	Seasonal Vegetables	Rock cakes
Wednesday	Chicken fajitas with rice	Veggie fingers	Seasonal Vegetables	Fruit Salad
Thursday	Cheese and onion pie with Yorkshire puddings	Jacket potato with cheese or beans	Seasonal vegetables	School cake with custard
Friday	Fish cakes and oven chips with beans	Pizza	Seasonal Vegetables	Ice pops and yogurt

Week 2	Hot Meal	Vegetarian	Vegetables	Dessert
Monday	Boursin salmon pasta and garlic bread	Jacket potato with cheese and beans	Seasonal Vegetables	Melon selection and yogurt
Tuesday	Sausages and mash with Yorkshire pudding and gravy	Lentil bake	Seasonal Vegetables	Fruity flapjack
Wednesday	Chinese chicken curry with rice	Veggie Enchilada bake	Seasonal Vegetables	Fruit Salad
Thursday	Macaroni cheese with garlic bread	Mushroom and spinach bake	Seasonal Vegetables	Peach crumble with custard
Friday	Fish fingers and oven chips	Cauliflower grill	Seasonal Vegetables	Ice pops and Yogurt

Salad bar is available daily and a selection of sandwiches or rolls can be made on request.
Due to allergies students are not permitted to bring in outside food or drinks on site.